



## MODERATOR

**Dr. Sarah de Leeuw**

Associate Professor, Northern Medical Program at UNBC  
Faculty of Medicine, UBC



Sarah de Leeuw, a creative writer and human geographer, is an Associate Professor with UNBC's Northern Medical Program in the Faculty of Medicine at UBC. She is a Michael Smith Foundation for Health Research Scholar and a Research Associate with the National Collaborating Centre for Aboriginal Health. Her academic research, funded by both CIHR and SSHRC, is focused on health inequalities, creative arts, colonial power and Indigenous peoples. Sarah is the 2013 Dorothy Livesay Award winning author of *Geographies of a Lover* and she is also a two-time recipient of the CBC Literary Prize for creative non-fiction.



## HealthArts Café Scientifique (2)

**Connecting Creative Arts, Health and Indigenous Perspectives**

What role does creativity play in developing and/or maintaining healthy communities? Our panel of health professionals and arts practitioners will share their unique experiences on working with the arts and health from an Indigenous perspective. Join us for an informative, yet relaxed, evening for a better understanding of how the arts can contribute towards a healthy self and society in our modern world.

Friday | 4 April | 7:30pm

Two Rivers Gallery 725 Civic Plaza | Pr Geo  
Tel: 250-614-7800 | [www.tworiversgallery.ca](http://www.tworiversgallery.ca)

**bannock & chocolate  
coffee & tea**

PANEL

**Dr. Terri Aldred**

Family Physician, Tl'Azt'En Nation



**Keith Kerrigan**

Artist, Haida Nation



**Mo Hamilton**

Art Heals Practitioner, Artist



**Jennifer Annaïs Pighin**

Artist, Lheidli T'enneh Nation



**Jane Inyalli**

Social Worker, Poet,  
Tsek'ehne Nation



**Lisa Striegler**

Masters Candidate, UNBC  
Community Health Sciences



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# PANEL

## Dr. Terri Aldred FAMILY PHYSICIAN



Dr. Terri Aldred is Carrier from the Tl'Az't'En Nation. She is from the Lusilyoo (frog) clan.

Terri grew up both on reserve and in the inner city of Prince George. This experience motivated her to become a family physician to help address the health inequities that face Indigenous people.

Terri used a narrative to express her own healing journey and how Indigenous ways of knowing can facilitate healing. This work was presented as her final research project in residency.

"Art is the cornerstone to reviving Indigenous culture. Connecting people with their roots is the beginning of healing. Therefore, in my view, you cannot separate health from art; they are one and the same."

## Mo Hamilton ART HEALS PRACTITIONER, ARTIST



Mo Hamilton was born in Montreal, Quebec. She has studied art at the Art Academy, the Harold Street Art School, and Camosun College Visual Arts program, all in Victoria, BC, as well as the Okanagan Summer School of the Arts in Penticton, BC. Mo received a full scholarship for the Toni Only Artist's Project at the Island Mountain Arts School in Wells, BC. Her work has been exhibited in many group exhibits and galleries throughout the province. Mo is the artist practitioner for Two Rivers Gallery's Art Heals program. She resides with her family in Prince George, BC, and continues with her own artistic practice.

## Jane Inyalli SOCIAL WORKER, POET



Jane Inyalli is TseK'ehne First Nations from McLeod Lake, BC. She grew up in McLeod Lake and Prince George BC. In the 1980s, Jane began writing poetry as a way to facilitate her process of healing. Her work has been published in assorted anthologies.

Jane has worked as an addictions counselor for over 20 years and incorporates art into her work with people. "I've seen a lot of suffering in the years I've worked as a counselor. However, along with that, I see how people use their identity, family, history, environment and resiliency in creative expression."

## Keith Kerrigan ARTIST



Keith Kerrigan is a member of the Haida Nation.

He was taught basic Haida design by an uncle in 1980, and has worked with various family members since, learning design, carving and engraving techniques.

He continues to develop his understanding of Haida culture and art, and strives to emulate the family tradition by producing quality works in all media.

## Jennifer Annaïs Pighin ARTIST



Jennifer Annaïs Pighin is a visual artist, student, educator, mother and band councilor in Prince George. She is a proud member of the Lheidli T'enneh First Nation, a current Graduate student and teaching assistant at UNBC in First Nations Studies. She holds a Bachelor of Arts from Emily Carr and a Bachelor of Education from the UBC. Jennifer's artwork is often collaborative in nature using a wide range of media. She demonstrates a high level of commitment, volunteerism and contribution to the Prince George community.

## Lisa Striegler MASTERS CANDIDATE, UNBC COMMUNITY HEALTH SCIENCES



Lisa Striegler is completing her MSc in Community Health. In her research, she is looking to understand how participating in a forum theatre workshop and presentation can affect the well-being of a community that struggles with anti-Indigenous racism. Throughout Lisa's graduate work she has been supported through a SSHRC research fellowship grant under the lead of Dr. de Leeuw. Lisa is a recipient of the CFUW Dr. Alice E. Wilson award, and the Yvette and Dollard Bock Health Science award. Lisa has been involved in performing arts and creative writing for most of her life and has incorporated the arts—writing, painting, collage, and theatre—into her counselling and community development practices in Vanderhoof.